



National Reading Day 2026

Every year the Literary wing of the Students' club, Department of Physiology, commemorates the efforts and work done by Puthuvayil Narayana Panicker, Father of India's Library and Literacy Movement.

This year we planned to celebrate this day with 3 events

1. Online English and Tamil Essay writing competitions
2. Offline Literary event
3. Inter collegiate quiz

Essay Competition

The Student Literary Wing, in association with the Department of Physiology, conducted an online essay writing competition in both English and Tamil as part of the National Reading Day celebrations conducted on June 19th, 2026. A total of 14 students across India participated in the competition. Five essay topics were provided for the English category and three topics for the Tamil category, from which participants could choose any one topic. The entries were submitted via the email ID provided.

The essays were evaluated by Dr. T. Rajendran, Professor and Head, Department of Microbiology, VMCH & RI for the Tamil category, and Dr. S. Gokila Rani, Assistant Professor, Department of Psychiatry, VMCH & RI for the English category.

WINNER'S LIST

TAMIL ESSAY COMPETITION

S.NO	NAME	COLLEGE	SCORES	PRIZE
1.	Kishor Kumar B	Coimbatore Medical College	45	1 st prize
2.	Naveen Selvam	Coimbatore Medical College	44	2 nd Prize
3.	Keerthivasan	Coimbatore Medical College	43	3 rd Prize
4.	Preethi Gunasekaran	Velammal Medical College	40	Special mention



ENGLISH ESSAY COMPETITION

S.NO	NAME	COLLEGE	SCORES	PRIZE
1.	Dr Sudharshan Rangasamy	NEIGMER, Shillong	33	1 st prize
2.	Dr. Izat Amin Wani	GMC Srinagar	32	2 nd Prize
3.	Arundhati Arun	Velammal Medical College	29	Special Mention

The winners were awarded a book and a hard copy of the certificate, which were sent to them via courier.



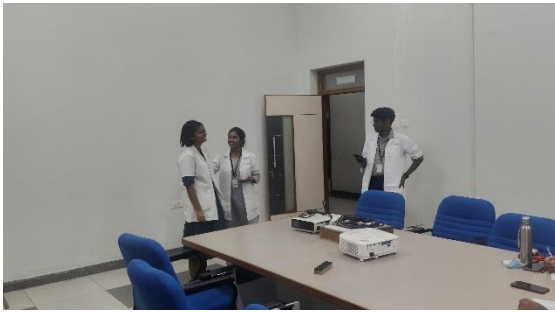


Off-line Literary events

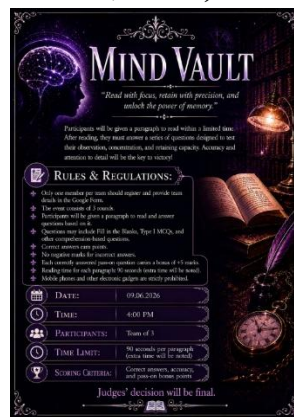
As part of the 2026 National Reading Day celebrations the Literary wing of the Student's Club, Department of Physiology, organized and hosted different offline literary events for the students of VMCH & RI.

❖ Day 1: Turncoat (Monday, June 8, 2026)

- Concept: A fast-paced verbal battle where participants expressed conflicting thoughts on a given topic without breaking their rhetorical flow, using words as Armor and thoughts as a shield.
- Target Audience: Open to students from 1st year to final year.
- Judges:
 - Dr. M. Renu Meena (Assistant Professor, Department of Physiology)
 - Dr. J. T. Ajit Kumar (Assistant Professor, Department of Physiology)
- Participant Details:
 - Dharam Pal, Final Year MBBS
 - Arundhati Arun, First year MBBS
 - Vimal A A R, Final Year MBBS
 - Manishankar S, Final Year MBBS
 - Vikaash Annamalai, Final Year MBBS
 - Anbuselvan R, Third Year MBBS
 - Jeffrey Patrick Paul R, Final Year MBBS
- PRIZE WINNER DETAILS:
 - 1st - Dharam Pal, Final Year MBBS
 - 2nd – Arundhati Arun, First year MBBS
 - 3rd – Vimal A A R, Final Year MBBS
- PHOTOGRAPH – TURN COAT



❖ Day 2: Mind Vault (Tuesday, June 9, 2026)



- **Concept:** A cognitive test designed to stimulate the prefrontal cortex and hippocampus. Teams of three were given 90 seconds to read and retain a paragraph before answering questions.
- **The Twist:** High-energy rounds of Dumb Charades were interspersed to deliberately distract and entertain the participants.
- **Target Audience:** Teams competing across various batches.
- **Judges:**
 - Dr. Nandhini Devi (Assistant Professor, Department of Pharmacology)
 - Dr. Noel Naveen Johnson (Assistant Professor, Department of Physiology)
- **Participants Details:**
 - Mavin Arya, Final Year MBBS
 - Dharam pal, Final Year MBBS
 - Sanjay S, Third Year MBBS
 - Arundhati Arun, First year MBBS
 - Keya Madhuvanthika Saravanan, First year MBBS
 - Anbu Selvan, Third year MBBS
 - Mahizhan, Third year MBBS
 - Gopinath, Third year MBBS
 - Darshan, First year MBBS



➤ **PRIZE WINNER DETAILS:**

- 1st
 - Mavin Arya, Final Year MBBS
 - Dharam pal, Final Year MBBS
 - Sanjay S, Third Year MBBS
- 2nd
 - Arundhati Arun, First year MBBS
 - Keya Madhuvanthika Saravanan, First year MBBS
 - Anbu Selvan R, Third year MBBS
- 3rd
 - Mahizhan C, Third year MBBS
 - Gopinath, Third year MBBS
 - Darshan, First year MBBS

➤ **PHOTOGRAPH – MIND VAULT**



❖ **Day 3: Plot Twist (Monday, June 15, 2026)**



- **Concept:** An intellectual challenge designed to bring out everyone's inner Sherlock Holmes. Teams of three were handed an actual book alongside three conflicting summaries. They had exactly 6 minutes to deduce and unlock the true summary.
- **Target Audience:** Batch-wide team competition.
- **Judges:**



- Dr. Bala kumaran (Assistant Professor, Department of Community Medicine)
- Dr. R. Durai Arasan (Assistant Professor, Department of Physiology)

➤ **Participants Details:**

- Reshma B, Second Year MBBS
- Reshmi B, Second Year MBBS
- Sukkitha S, Second Year MBBS
- J Vanisha, Final Year MBBS
- Tania Ivan, Final Year MBBS
- T. Thamizhranjani, Final Year MBBS
- Sanjay S, Third Year MBBS
- Veena Nandhakumar, Third Year MBBS
- Vyshnavi K K, Third Year MBBS
- Telasri R, Third Year MBBS
- Varshana C, Third Year MBBS
- Madhunisha, Third Year MBBS

➤ **PRIZE WINNER DETAILS:**

- 1st – Reshma B, Reshmi B, Sukkitha S
- 2nd – J Vanisha , Tania Ivan, T. Thamizhranjani
- 3rd- Sanjay , Veena, Vyshnavi & Telasri, Varshana, Madhunisha

➤ **PHOTOGRAPH – PLOT TWIST**



❖ **Day 4: Book Auction (Tuesday, June 16, 2026)**



- **Concept:** A poetic blend of entrepreneurship and literary appreciation. Participants brought a book that profoundly impacted their lives and had 2 minutes to pitch and persuade the judges to bid on it.
- **Accolades:** The highest-quoted book earned the "Best Seller" title, and the judge with the most curated wins was named "The Keeper of Secrets."
- **Judges:**
 - Dr. Siddarth S (Assistant Professor, Department of Forensic Medicine)
 - Dr. Gokila Rani S (Assistant Professor, Department of Psychiatry)
- **Participant Details**
 - Vimal A R R, Final Year MBBS
 - Vikaash Annaamalai, Final Year MBBS
 - Anbuselvan R, Third Year MBBS
 - Karthi Ammamuthu, Final Year MBBS
 - G. Vijay Vignesh, Final Year MBBS
 - Jeffrey Patrick Paul R, Final Year MBBS
- ☐ **PRIZE WINNER DETAILS:**
 - 1st – Vimal A R R, Final Year MBBS and Vikaash Annaamalai, Final Year MBBS
 - 2nd - Anbuselvan R, Third Year MBBS
 - 3rd - Karthi Ammamuthu, Final Year MBBS
- **PHOTOGRAPH – BOOK AUCTION**





Intercollegiate Quiz on VELPAARI

The literary wing of the Students Club, Department of Physiology, VMCH & RI planned to organize and conduct an intercollege quiz competition on the book Velpari. Veera Yuga Nayagan Velpari is a Tamil language historical fiction novel that reimagines the life of Velpaari, a Velir ruler of Parambu Nadu during the Sangam period (circa 3rd century BCE) in ancient Tamilakam.

Due to the immense volume of intricate contents in this book the club had decided to send out the brochure announcing the quiz 6 month prior to the quiz competition. This competition was open to all MBBS batches from VMCH RI as well as other colleges in Tamil Nadu. We also opened the entry to teaching and non-teaching staff of VMCH & RI. Rs 100 was collected as registration fees from other college students. It was instructed that the each team will comprise of 3 members.



Department of Physiology,
Velammal Medical College Hospital & Research Institute, Madurai



மாணவர்கள் சங்கத்தின் இலக்கியப் பிரிவு,
உடலியங்கியல் துறை,
வேலம்மாள் மருத்துவக் கல்லூரி, மதுரை

தேசிய வாசிப்பு நாள் விழா
பாரி '26
"வேள்பாரி வினாடி வினா"

தேதி:
19.06.2026, வியாழக்கிழமை
மாலை 04:00 மணி முதல் 05:30 மணி வரை

இடம்:
விரிவுரை அரங்கம் - I, வேலம்மாள் மருத்துவக் கல்லூரி

நிகழ்ச்சி நிரல்		
04.05 மணி	வரவேற்புரை	மரு. எஸ். அனூ, பேராசிரியர் மற்றும் துறைத் தலைவர், உடலியங்கியல் துறை, வேலம்மாள் மருத்துவக் கல்லூரி
04.10 மணி	தலைமை விருந்தினர் அறிமுகம்	செல்வி. ஆர். ஓவியா வல்லபி, 2022ஆம் ஆண்டு - மருத்துவ மாணவி
04.10 முதல் 05.20 மணி	வேள்பாரி வினாடி வினா	மரு. எஸ். கோகிலா ராணி, உதவிப் பேராசிரியர், மனநலத் துறை மரு. இர. துரை அரசன், உதவிப் பேராசிரியர், உடலியங்கியல் துறை
05.20 மணி	பரிசளிப்பு நிகழ்ச்சி	
05.30 மணி	நன்றியுரை	செல்வி. ஜி. கிருத்திகா, 2024ஆம் ஆண்டு - மருத்துவ மாணவி

வேள்பாரி தமிழ்ப் புதிர்ப்போட்டி - 2026

"பறம்பு என்பது நிலப்பரப்பல்ல... அது ஒரு நீட்சுடர்! ஆயிரம் யானைகள் வந்தாலும் அணைக்க முடியாத அறத்தின் வேர்!"

(Parambu is not just a landscape... it is a flame of justice. A root of virtue that even a thousand elephants cannot shake.)

நிகழ்வின் முக்கியத்துவம்
(Importance of the Event)

வாசிப்பு என்பது அறிவின் தேடல். இந்த ஆண்டு தேசிய வாசிப்பு தினத்தை (National Reading Day) மூன்றிட்டு, க. வெங்கடேசன் அவர்களின் 'வேள்பாரி' நாவலின் சிறப்புகளைப் போற்றும் வகையில் இந்தப் போட்டி நடத்தப்படுகிறது. பாரியின் கொடைத்திறனையும், இயற்கையோடு இயைந்த தமிழரின் வாழ்வியலையும் மருத்துவ மாணவர்களிடையே கொண்டு சேர்ப்பதே இந்தப் போட்டியின் நோக்கமாகும்.

- தேதி (Date): ஜூன் 19, 2026 (தேசிய வாசிப்பு தினம்)
- நேரம் (Timings): மதியம் 4:00 PM - 6:00 PM
- இடம் (Venue): விரிவுரை அரங்கம் I, வேலம்மாள் மருத்துவக் கல்லூரி.
- குழு (Team Structure): ஒரு குழுவிற்கு 3 உறுப்பினர்கள்.

பரிசுகள் காத்திருக்கின்றன

The quiz was conducted on 19.06.2026, on the day of National Reading Day – 2026 between 04.00PM to 06.00PM in Lecture Hall 1. 6 teams (18 participants) had registered for this competition. This quiz was conducted by two quiz masters Dr. S. Gokilarani, Assistant Professor, Dept of Psychiatry, VMCH & RI and Dr. R. Durai Arasan, Assistant Professor, Dept of Physiology, VMCH & RI. Dr. M. Kavitha, Senior consultant, Dept of Neurology, VMCH & RI was the chief guest for this quiz. The other dignitaries who attended this quiz were Dr. D. Meikandan (Renowned Neurologist) and Dr. M. Sheik Daawood (Vice Principal, VMCH & RI). Around 60 audience members were present comprising of MBBS students, VMCH & RI faculty, Admin staff, non-teaching staff and student club members.

The quiz program was started off by the welcome address by Me. Ritika Ajith, President of the Students club, Department of Physiology, followed by a brief report on the other activities conducted to commemorate the National Reading Day 2026 by Mr. Benjamin Dovanto, Treasurer of the Students club, Department of Physiology.

The quizmasters had planned for six engaging rounds that challenged the participants' knowledge, reasoning, observation, and presence of mind through a variety of question formats.

Round 1: Clans

Participants were shown an image and asked to identify the clan it represented. They then answered a follow-up question related to the same clan, testing both recognition and subject knowledge.

Round 2: Sequencing



Teams were presented with a set of historical events and were required to arrange them in the correct chronological order. This round assessed participants' understanding of historical timelines and their ability to organize information accurately.

Round 3: Association

Participants were shown a set of four images and had to identify the common link connecting them. This round tested analytical thinking and the ability to recognize patterns and relationships.

Round 4: Who Said It?

A famous quote or statement was presented, and participants had to identify the speaker, the person to whom it was addressed. This round evaluated participants' familiarity with significant historical and literary references.

Round 5: Buzzer Round

Teams competed to answer questions by buzzing in first. Each question described an action or event, and participants were required to explain the complete reason or significance behind it. The round encouraged quick thinking, confidence, and depth of understanding.

Round 6: Rapid Fire Round

The final round featured a series of quick-response questions from different categories, including trees, flowers, animals, people, places, true-or-false statements, and actions. It was designed to test participants' speed, accuracy, and breadth of knowledge under pressure.

This Velpaari Quiz displayed a spirit of healthy competition and inspired participants to explore and appreciate the rich Tamil heritage and legacy associated with Velpaari. The quiz was followed by the prize distribution. During this prize distribution the winners of the offline literary event and online essay writing competitions were also honoured. The program concluded with the vote of thanks Ms. Ovviya Vallabi, Final year MBBS student and Literary wing in charge.

Participant list

Name	College Name / Workplace	Designation	Team
Preethi G	VMCH RI	MBBS Final Year	1
Mafrooha Banu R	VMCH RI	Lab technician,	



		Dept of Physiology	
Thamizhranjani T	VMCH RI	MBBS Final Year	
Harani S	VMCH RI	MBBS Second Year	
Sellamani S	VMCH RI	MBBS Second Year	2
Janani G	VMCH RI	MBBS Second Year	
Girija K	VMCH RI	Department Attender, Dept of Biochemistry	
Dr. K. Santha Sheela Kumari	VMCH RI	Assistant Professor, Dept of Community Medicine	3
Dr. R. Muthu Meera	VMCH RI	Assistant Professor, Dept of Pharmacology	
Naviya M	VMCH RI	MBBS Second Year	
Jeevajeevitha P	VMCH RI	MBBS Second Year	4
Reshma B	VMCH RI	MBBS Second Year	
Veeramani S	Madurai Medical College, Madurai	MBBS Third Year	
Gokul A	Madurai Medical College, Madurai.	MBBS Third Year	5
Karthikraja P	Madurai Medical College, Madurai.	MBBS Third Year	
Pandiyarani D	VMCH RI	Lab technician, Dept of Biochemistry	
Shenbagalakshmi N	VMCH RI	Office Staff, VMCH RI Admin	6
Velmurugan R B	VMCH RI	Senior Librarian	

Winners List

Team	Name	Prize
3	Girija K	First prize Certificates + Cash prize of Rs. 2500/-
	Dr. K. Santha Sheela Kumari	
	Dr. R. Muthu Meera	
2	Harani S	Second prize Certificates + Cash prize of Rs. 1500/-
	Sellamani S	
	Janani G	
1	Preethi G	Third prize Certificates + Cash prize of Rs. 1000/-
	Mafrooha Banu R	
	Thamizhranjani T	

Score Card



Department of Physiology,
Velammal Medical College Hospital & Research Institute, Madurai



குழு சுற்று	சுற்று 1		சுற்று 2		சுற்று 3		சுற்று 4	சுற்று 5	சுற்று 6	மொத்தம்
	கட்டம் 1	கட்டம் 2	கட்டம் 1	கட்டம் 2	கட்டம் 1	கட்டம் 2	கட்டம் 1			
குழு 1 பேசன்	30	35	10	20	20	20	15	15	45	210
குழு 2 காரி	25	35	20	30	0	20	25	30	40	225
குழு 3 ஆய் ஆண்டிரன்	35	25	45	15	20	20	25	65	25	275
குழு 4 அதியமான்	10	0	0	0	20	20	0	0	0	50
குழு 5 நள்ளி	15	45	10	5	20	10	15	15	10	145
குழு 6 ஓரி	25	0	0	0	0	0	15	0	10	50

